



Long Beach-South Bay CAMFT

Spring Quarter 2010

Volume 5, Issue 4

Chapter Meetings

2nd Friday of Every Month
8:30 am - 12:00 Noon

Pre-Licensed Networking
Before Each Monthly Meeting
7:30 am - 8:30 am

Carson Civic Center
3 Civic Plaza, Carson CA 90745

Continental Breakfast Included

Membership Information

Contact: Chris Hiransomboon
chiranso@gmail.com

Download membership applications
at the website:
www.lbsb-camft.org

Clinical Member	\$65.00
Pre-Licensed	\$30.00
Associate	\$65.00

Benefits of Membership

- Monthly Meetings
- Exciting Speakers
- CEUs
- Networking Opportunities
- Member-to-Member Email
- Web Therapist Finder
- Professional Peer Support
- Website: www.lbsb-camft.org
- Membership Directory
- Quarterly eNewsletter
- Advertising
- Peer Consultation Group
- Speakers Bureau

Chapter Meeting Upcoming Topics - Earn 2 CEUs

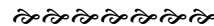
Friday, April 9, 2010

**Change Your Brain Change Your Practice:
Understanding Brain Science and the
Impact on Client Case Planning**
Sheri Denham , Ph.D., MFT

Brain Imaging and Neuroscience continue to be a growing trend in light of technologies for research and practice. A greater understanding of the mood systems of the brain and how they influence every day life can bring insight to case management. For most of us intuitively brain health makes sense as we reflect upon the experiences and stories of the clients that are within our care. We will be looking at systemic patterns among brain systems, addictions, anxiety, depression, and ADD.

Early on Dr. Denham understood the importance of using neuroscience to help individuals and families. She helps provide practical education through brain SPECT imaging related to how the brain impacts our work with clients among psychologists, therapists, addiction treatment centers, church leaders, and business professionals.

Amen Clinics Inc. specializes in brain health and innovative diagnosis and treatment for a wide variety of neuropsychiatric, behavioral and learning problems among children, teenagers, and adults. Established in 1989 by Daniel G. Amen, M.D., the center has a national reputation for utilizing brain SPECT imaging for a wide variety of neuropsychiatric problems, including ADD, anxiety, depression, addictions, autism, and memory problems.



Friday, May 14, 2010

**Entering the Relational Paradigm,
Imago Relationship Therapy**
Waverly Farrell, M.A., LMFT, CIRT

Waverly Farrell, M.A., LMFT, CIRT, is a highly skilled psychotherapist and workshop presenter practicing in Long Beach, California. Raised in the desert southwest, Waverly grew up in the tradition of Irish folktales told by her immigrant grandparents.

(continued)

Speaker Inquiries

Virginia Green
stillv@aol.com
310-378-2520

Helpful Links

<http://www.lbsb-camft.org>
<http://www.camft.org>
<http://www.lacamft.org>

eNewsletter

Jerry Wilson
jerry@jwilsonmft.com

Member To Member Email

Lila Nishi
nishi.lila@gmail.com

Board Meetings

The Board meets from 12:15pm-2:15pm on the following dates:

May 14, 2010

July 9, 2010

August 13, 2010



Because she has always been drawn to the power of relationship she evokes the connection between her early environment and her professional training as motivators for her work. Trained by Imago Relationships International as an advanced clinician, nationally certified workshop presenter, and Imago consultant, it is her hope to bring healing and longevity to the relationship experience of both couples and individuals. To realize this dream she founded Relationship Solutions where through workshops, groups, individual and couples counseling, and community connections, she can be of service. In their twenty-three years together, Waverly and her partner, Vicki, have consistently applied the Imago skills in their relationship. The Imago processes have helped them through challenging times. Waverly is committed to creating an environment that supports and holds healthy, loving relationships for all, and in particular, the gay and lesbian community.

As therapists, you deal daily with relationship issues. No matter what clients bring you, there is a relational component. Imago Relationship Therapy is an effective way to create stronger relationships because it demystifies relationships and offers tools to get beneath everyday conflicts. Whether clients come to you with marital, family, or parenting issues, stress, grief and loss, addictions, workplace issues, legal or financial challenges - if you can help them become more successful in their inter relational life you will help them to reduce the immediate crisis and develop skills to manage their stress. We all know that the most exciting way to live is in true connection with partners, family, co-workers, and friends.

In this workshop, you will learn about the principles of Imago Relationship Therapy.

You will understand the benefits of Imago dialogue to assist in dispelling conflict and you will participate in exercises that demonstrate Imago skills.

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**Friday, June 11, 2010**  
**The Art of Enrollment**  
**O'Leary Logan**

O'Leary Logan will be talking about key steps to enrolling more clients in your business during these challenging times. Learn about the business conversations and orientation you need to be in to create a possibility of 'Yes.' Come and experience an interactive session to learn how to engage, advocate, and close perspective clients with what you have to offer. O'Leary is a professional speaker, motivator, and executive coach. He is the co-founder of Renaissance Works, Inc., a virtual training company ([www.ren-works.com](http://www.ren-works.com)) and a partner with Innovention Leadership Group, a company committed to training people into becoming world class transformational leaders ([www.innoventionleadership.com](http://www.innoventionleadership.com)).

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Board of Directors

President

Virginia Green, Ph.D., MFT
stillv@aol.com
310-378-2520

Past President

Artemis Tegan, M.A., MFT
artemistegan@aol.com
310-809-2011

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Kerttu Cantin, M.A., MFT
kcantin@msn.com
714-745-1535

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Tatiana Harvey, Ph.D., MFT
DrTatianaHarvey@aol.com
310-544-1728

Vice President of Programs

Louella Chapman, M.A., MFT
LouellaChapman@101Emotions.com
310-902-9223

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Chris Hiransomboon, M.S., MFT
chiranso@gmail.com
310-365-4643

Vice President of Marketing

Barry Davis, M.A.
bdavis@davismediation.com
310-318-3575

Clinical Director at Large

Carol Boulware, Ph.D., MFT
carolphd@netwiz.net
310-374-4173

Pre-Licensed Director at Large

Linda Nusbaum, M.A., MFT
lindanusbaum@gmail.com
562-293-1737

Vice President of Communication

Jerry Wilson, M.Ed., M.S.
jerry@jwilsonmft.com
562-310-6884

President's Message



We've had a busy first quarter. Aside from well-received presentations, we had an exceptional Law & Ethics seminar (Big thanks to **Kerttu Cantin** who pretty much single-handedly took care of this event). And the board had its Retreat Part 2 where we did our self-evaluation and tried to figure out how we are doing and what else needs to be done and how.

This second quarter features 3 of my personal favorites – Neuroscience, Relationships, and Marketing. I hope you benefit from these programs I have carefully selected. We will also have our 3rd annual job fair chaired by **Linda Nusbaum** on June 18th. This is a great opportunity for all members (licensed and pre-licensed) to network and help each other.

In the January issue of this newsletter, I paid tribute to my beloved mother. Less than 40 days later, she passed away. I regret not having sent her a copy of that letter before she died. Just like most things, it was in my list of things to do and I never prioritized it.

So I am riding my uncharted roller-coaster terrain of grief-land right now and at an existential moment. I have decided to step down as chapter President. **Virginia Green**, President-Elect, will take over the last quarter of my term. With your support, I'm sure she will transition well into this function and do a fantastic job.

I have been fortunate to have the experience of leading a dynamic group and I have grown in many ways as a result. Thank you all for supporting me, and us, all this time. Much appreciation for my board members who worked tirelessly with me on some projects.

Writing these letters had been one of my favorite responsibilities as President! Funny how when I was anticipating my presidency, I had fantasies of how I will take on this leadership position and move mountains and accomplish extraordinary things. I may have accomplished 20% of that but nothing compares to the new friendships this job has awarded me. So there's gold in volunteering!!

I'll still be hanging out during the meetings and will serve as VP-Programs through June and Past-President beginning July. For right now, hats off to you all and more power for all the important work you have been doing in our community and in the mental health field.

Louella Chapman, MFT
President 2009-2010

Pre-Licensed Networking

Before Each Chapter Meeting
2nd Friday of Every Month
7:30 am – 8:30 am

Carson Civic Center
3 Civic Plaza, Carson CA 90745

Member Submissions

All member submissions, including poetry, art, photographs, book and movie reviews, and other creative work are welcome. Please send your submission to jerry@jwilsonmft.com.

Chapter Board Members



Left to right: Virginia Green, Tatiana Harvey, Louella Chapman, Carol Boulware, Kerttu Cantin, Jerry Wilson, Barry Davis (kneeling), Linda Nusbaum, Chris Hiransomboon, Marjorie Rand

WWW.LBSB-CAMFT.ORG

We are almost ready to launch our new website for the Long Beach-South Bay Chapter of CAMFT!

It will be at the same website address (www.lbsb-camft.org) but there are some new features that have been added to further develop connections between members of the chapter as well as the local community at large.

- * Pay and edit Membership Registrations online
- * Pay for General Meetings online
- * Pay for Special Events online

You will also be able to submit any articles that you have written to help grow our archive of resources for the community!

Don't Forget to Sign Up for your Enhanced Webpage. It is FREE until July 2010.

Watch M2M for an announcement on the date of the launch.



Mark Your Calendar

Chapter Meetings

April 9, 2010, 8:30 am
*Change Your Brain Change
Your Practice: Understanding
Brain Science and the Impact on
Client Case Planning*

May 14, 2010, 8:30 am
*Entering the Relational
Paradigm, Imago Relationship
Therapy*

June 11, 2010, 8:30 am
The Art of Enrollment

Job Fair

June 18, 2010
9:30am - 12:00pm

Carson Civic Center
3 Civic Plaza, Carson CA 90745

Peer Consultation Groups (Clinical Members)

1ST Friday & Monday
of each Month, 9-11 am

Save the Date for the 3rd Annual LB-SB CAMFT Job Fair

Plans are underway to create an exciting event on Friday,
June 18th, 9:30am to 12:00pm.

The Job Fair will be held at the Carson Civic Center, the
same building where we hold our monthly CAMFT meetings.
Mark your calendars now.

We anticipate a bigger showing this year. More agencies will
be participating and LA-CAMFT has joined us and is sharing
their resources as well.

The Job Fair is open to all Agencies that are looking to fill
positions and all pre-Licensed individuals - trainees and
interns. There is no charge for Agencies. Attendees must
be members of the LB-SB CAMFT chapter or another local
CAMFT chapter to attend.

Hope to see you there!

Linda Nusbaum, MFT
Pre-License Director
lindanusbaum@gmail.com



Chapter Elections - Get Involved

Annual Chapter Elections are coming this quarter. We are
actively recruiting for the 2010-2011 LBSB-CAMFT Chapter
Board. The following positions are available in you are
interested or have someone you would like to nominate:

- President-Elect
- Secretary
- Vice President of Communications
- Directors-At-Large

Qualifications for Board Membership include membership in
the local chapter for one year.

For more information, contact Virginia Green at stillv@aol.com
or by phone at 310-378-2520.



Poet's Corner

The Things I Know About Myself

by Jerry Wilson

If I were to count the things I know about myself
Would the inventory be precise and thorough?

In Letterman style I would make a list of the top ten things
I'd like for others to see and believe and enjoy.

Would this be the me I am?
Or the me I'd like to be?

Should I proceed from beginning to end?
And which beginning and end would I choose?

What if the list were signed anonymous,
Would you be able to guess the author's name?

Recently I discovered a hidden corner of myself.
To my surprise it was a corner I had been in before.

And what of those forgotten places?
Am I also, still, the me I used to be?

Am I the past, the present, and the future?
Or only the here and now?

Why is it disturbing to think that I might only be
The made up odds and ends I put on paper?

Without names or places or dates,
What anchors keep me moored to who I am?

And if the list is short, or worse inaccurate,
Am I as insignificant as the writing of it makes me feel?

But there is more, I trust, for the list is not made by me alone.
Will you add to my list and may I add to yours?

Together we are more and so much better,
Than the solitary bits and pieces of who we are in isolation.

As confident, or as insecure, as I am at any moment,
I do not stand in those moments for long.

For you are there to nudge me along, to remind me,
That I am more than just the things I know about myself.



Join LB-SB CAMFT Internet Therapist Locator

Your “ENHANCED WEBPAGE” will help LOCAL referrals find you easier.

The LB-SB CAMFT Therapist Locator is an active directory of mental health professionals that is user friendly and helps the general public seek professional assistance in Long Beach and the South Bay.

With an ENHANCED WEBPAGE clients will be able to find YOU!
They'll be able to search by name, zip code, theoretical orientation and specialty.

Why get an “Enhanced Webpage”?

- With your “ENHANCED WEBPAGE” you will be able to:
 - Add a 150 word personal statement about yourself and your practice
 - Add a “Professional Photo” of yourself
 - “ENHANCED WEBPAGES” appear at the top of the search listings
 - Link to your URL/Personal Website - <http://www.YourWebsite.com>
-

LB-SB CAMFT THERAPIST LOCATOR
Will Be Marketed on:



Plus we are Targeting local websites in the
South Bay and Long Beach area as well

Don't be left out!

<p>FREE INTRODUCTORY OFFER: If you sign up now, your “Enhanced Webpage” is Free of Charge, and you will not have to pay for your renewal of your 'Enhanced Webpage' until July 1, 2010.</p>

(Note: The Enhanced Webpage service is only for members of the Long Beach-South Bay CAMFT to provide information about their practices.)

For an application, please email: Carol Boulware at carolphd@psychotherapist.net

Divorce Mediation

A BETTER ALTERNATIVE FOR YOUR CLIENTS

Let Davis Mediation help your clients ...

... minimize the cost & stress of their divorce

... focus on their children's well-being

... resolve issues quickly to expedite the

divorce process and avoid court

So they can move on with their lives!

Client Comments:

"I would like to commend Barry for a very professional, intelligent and positive handling of my case...his handling of the situation was the very best anyone could expect thus saving me thousands of dollars in legal fees."

Joseph C.

"Barry is great at what he does. Very good effort to discuss an emotional situation impartially."

Jennifer P.



•Please call or e-mail for a client brochure explaining the details and benefits of mediation or see our website at www.DavisMediation.com

•Complimentary consultation for all couples considering mediation

Davis Mediation • (310) 318-3575 • bdavis@davismediation.com



LB-SB CAMFT



E-Newsletter Advertising Policy

Note: You must be a current member with LBSB-CAMFT and State CAMFT in order to receive member rates

Advertising Rates	LBSB-CAMFT Members	Non-Members
Business Card Ad	\$ 35.00	\$ 70.00
Classified Ad 1 st 25 words	\$ 25.00	\$ 50.00
Half-Page Ad (Based on standard 8.5 x 11 page)	\$ 50.00	\$100.00
Full Page Ad (Based on standard 8.5 x 11 page)	\$100.00	\$200.00

The E-Newsletter is published four times a year as follows:

Summer Edition – Publishes July 1 st	Deadline for submissions is June 1 st
Fall Edition – Publishes October 1 st	Deadline for submission is September 1 st
Winter Edition – Publishes January 1 st	Deadline for submission is December 1 st
Spring Edition – Publishes April 1 st	Deadline for submission is March 1 st

Submission should be in Word or PDF Format and sent as an attachment to jerry@jwilsonmft.com.

Checks should be made payable to LBSB-CAMFT and mailed to:

Kerttu Cantin, VP of Finance
4510 E. Pacific Coast Highway
Suite 210
Long Beach, CA 90804

Be sure to include a note with your check indicating which issue of the E-Newsletter you plan to advertise:
Summer, Fall, Winter or Spring.

Benefits of Being a LB-SB CAMFT Board Member!!

- ✚ Free Membership to Long Beach-South Bay CAMFT!
- ✚ Free Admission to Chapter Meetings!
- ✚ Free Enhanced Web Pages for Current Board Members!
- ✚ Free Admission to Chapter Workshops!
- ✚ Networking with Colleagues!
- ✚ Professional Development!
- ✚ Increase Your Referrals!
- ✚ New Friendships!
- ✚ Board Retreat!