



Chapter Meetings

3rd Friday of Every Month

8:30 am – 12:00 Noon

Carson Doubletree Hotel

2 Civic Plaza, Carson CA 90745

Continental Breakfast Included

Schedule of Events

Friday, June 16, 2006

Matt Silverstein

Tx of Gay, Lesbian, Bisexual & Transgender Clients

Friday, July 21, 2006

Lucinda Gray & Diana Marder

Focusing, Experiencing the Wisdom of the Body

Friday August 18, 2006

Virginia Green

Every Therapist a Healing Artist

Board Meetings

Friday, July 7, 2006

Installation of New Board

Speaker Inquiries

Virginia Haigh Green

(310) 798-3615

Exciting Upcoming Speakers

June 16, 2006

Matt Silverstein, Ph.D., MFT

The Treatment of Gay, Lesbian, Bisexual, & Transgender Clients

Matthew Silverstein, PhD, MFT, currently on staff at the UCLA Neuropsychiatric Institute, has been working as a psychotherapist specializing in GLBT issues since 1995. He has written and spoken extensively on Gay-centered dream work and brings a depth psychology perspective to the mental health care of GLBT individuals. His expertise in the treatment of diverse populations, human sexuality, and GLBT identity make him a sought after speaker. He is currently spearheading Antioch University's new specialization in GLBT Studies. Matt will be introducing us to Gay-centered depth psychology, and the process of individuation for the Gay client in the evolution of collective consciousness.

July 21, 2006

Lucinda Gray, Ph.D. & Diana Marder, Ph.D.

Focusing, Experiencing the Wisdom of the Body

Lucinda Gray, Ph.D. is a clinical psychologist in private practice for over 25 years. She studied Focusing with Eugene Gendlin Ph.D., and Linda Olsen Weber, Ph.D. She is a Coordinator of the International Focusing Network, and a Certified Teacher of Integrative Body Psychotherapy. Focusing is a research-based way of opening awareness to the inner knowing carried in body sensation and feelings. Developed at the University of Chicago by Eugene Gendlin in the 1960s, focusing has evolved for 40 years. Now it is a primary tool for therapists all over the world, and has been adapted for use with any therapeutic orientation.

August 18, 2006

Virginia C. Green, Ph.D., MFT, MBA

Every Therapist a Healing Artist Who Needs *Breathing Room* to Grow

Dr. Green has advised entrepreneurial start-ups and Fortune 500 companies for twenty-five years. She has coached hundreds of artists and healing artists as they build businesses. She is in private practice in Manhattan Beach, and on the faculty at Antioch University. and, most importantly, she is revising her first novel. Building your practice can have all the fun and creative drive of any artistic endeavor. Virginia Green, PhD, MFT, MBA, will help us explore how to relate the creative talents we already have as psychotherapists to developing a thriving healing arts enterprise. Learn how to generate a Creator-centered business plan that is actually a nurturing experience. Learn how to cultivate a Board of Directors that loves your business as much as you do and includes people whose personal strengths complement your own. Learn why it's important to schedule time to play with your Healing Artist Entrepreneur. This interactive workshop will be fun, mind-opening, and creative.

Board of Directors

President

Mindy Fox Sachs, M.A. (310) 314-6933

Past President

Sandra Dawson, M.A. (310) 563-2146

Secretary

Sheila Hatcher, M.A. (310) 413-5171

Chief Financial Officer

Kerttu Cantin, M.A. (562) 490-7624

Vice President Membership

Artemis Tegan, M.A. (310) 809-2011

Vice President Programming

Virginia Haigh Green, Ph.D.
(310) 798-3615

Vice President Legislation

Francene Eguren, M.A.
(310) 767-9955

Vice President Marketing

Barbara Mignosi, M.Ed. M.A.
(310) 809-0973

Clinical Director At large

Carol Boulware, Ph.D. (310) 374-4173

Welcome New Members!

Dan Williams, Kevin Humphrey,
Jessica Conway, Judith Blume,
Betsy Perluss, Keiko Kogure,
Francis Booth, Debra Lynn
Karbin, Janet Dion, Valerie
Lindberg, Cheryl Cambay, Lee
Fitzgerald, Mary Ann Romesser,
Janice Held, Michelle McGlasson,
Susan Schirmer, Faith Mitchell,
Anne Clary, Darren Sevier, Karey
Dosamantes, Carol Montgomery,
Hillary Taylor

President's Message



Dear Colleagues,

I am thrilled to have our first E-Newsletter going out to all of you. I'm hoping that this newsletter will increase Board of Director communication with all of our members, as well as present a forum for professional exchange and learning. A special thanks goes to Artemis Tegan for leading this project.

Your feedback about how the chapter is running is very important. Therefore, we have a Chapter Survey in this newsletter so that we can hear from you. I want to encourage you to please mail or e-mail the Chapter Survey back to me. This Survey will also be mailed out with your ballot. We have a new Board of Directors serving the chapter, beginning on July 1, 2006, and I hope that everyone will send back their ballots.

We had a fabulous Team Building and Chapter Development Retreat in April for our Board, where we discussed the direction of the Chapter for the new 2006-2007 year. We talked about future programs and learning opportunities. We also came up with ideas to advertise and promote our new website, www.lbsb-camft.org. Now that we have such a professional Therapist Finder, we want to assure that the website continues to be viewed by as many prospective clients as possible. We also discussed visiting graduate psychology programs to invite interns to join the chapter.

In order to continue providing our chapter with excellent programs, a website and newsletter, and professional exchange, we need some new board members. Being on the Board of Directors is really a great experience, and we would be thrilled to have any of you inquire about it. Don't be shy! Here are some benefits to joining our Board:

Annual Team Building Retreat
Networking & Referral Source
Platform for Your Ideas & Creativity
Opportunity to Influence Colleagues
Influence the Direction of the Chapter
Implement Meaningful Change
Professional Peer Support
Friendship with Colleagues
Personal & Professional Growth Experience
Regular Scheduled Meetings Every Other Month
Professional Recognition
Resume Builder

Membership Information

Contact: Artemis Tegan:
artemistegan@aol.com

| | |
|--|----------|
| Clinical Member | \$50.00 |
| Pre-Licensed | \$25.00 |
| Associate | \$50.00 |
| Link from LB-SB Website to your website | \$10.00 |
| Mailing Labels: | |
| Members | \$ 50.00 |
| Non-Members | \$100.00 |

Benefits of Membership

- 📅 Monthly Meetings
- 📅 Exciting Speakers
- 📅 CEU's
- 📅 Networking Opportunities
- 📅 Member to Member Email
- 📅 Web Therapist Finder
- 📅 Professional Peer Support
- 📅 Website: www.lbsb-camft.org
- 📅 Membership Directory
- 📅 E-Quarterly Newsletter
- 📅 Advertising

Helpful Links

<http://www.lbsb-camft.org>
<http://www.camft.org>
<http://www.lacamft.org>

Please contact me with any questions or comments by phone or e-mail.

All the Best,

Mindy Fox Sachs, MFT, President

mfoxmft@yahoo.com

Contest - Intervention of the Quarter

The LB-SB Chapter is launching a contest for the ***Intervention of the Quarter***. Members are invited to submit their most effective intervention. Interventions will be reviewed by the Board and the winning intervention will be printed in this newsletter to be published quarterly. In addition, the winner will be announced at the monthly chapter meeting and receive a coupon for free admission to their next LB-SB CAMFT Chapter meeting. Send your submissions of 100 words or less to Mindy Fox Sachs at mfoxmft@yahoo.com.

Legal & Ethical Workshop A Hit

By: Virginia C. Green

David Jensen, Staff Attorney for the California Association of Marriage and Family Therapists, spoke to over fifty MFT's in Los Angeles on March 18, 2006. Fulfilling their license required continuing education units in Law and Ethics, the therapists in attendance also had an opportunity to network with their colleagues and participate in the excellent quality of service of the profession.

Highlights of Jensen's talk included discussion of process notes and their importance as a key element in protecting oneself in the event of legal action. He had other important information about when a person becomes a client, confidentiality and privilege, and rights of minors. He is working on adding modules to his current presentation that will discuss topics at greater depth, such as advertising, reporting requirements, and duty to warn.

Those attending received six CEU's. Over lunch, many were able to connect with people they hadn't seen in years, or to spend some time with colleagues they had never met before. Long Beach-South Bay Chapter hosts Jensen every other year as a service to its membership, and the healthy turnout demonstrates the commitment we all have to providing superior service to our clients.

Advertising Policy

| | <u>Members</u> | <u>Non-Members</u> |
|--------------------|----------------|--------------------|
| -Business card ad: | \$ 35 | \$ 70 |
| -2-3 line ad: | \$ 25 | \$ 50 |
| -1/2 page ad: | \$ 50 | \$100 |
| -Full page ad: | \$100 | \$200 |
| -Flier/insert: | \$100 per page | \$200 |

For questions about advertising submissions, please contact Artemis Tegan: artemistegan@aol.com.

EXPRESS YOUR AUTHENTIC VOICE...

a poetic and nurturing group for women

CREATIVE WRITING THERAPY/SUPPORT GROUP

ONGOING

BI-WEEKLY GROUP

1ST AND 3RD SUNDAYS

3-4:30 PM

INTRODUCTORY WORKSHOPS

LAST SUNDAY OF THE MONTH

3-4:30 PM

WEST L.A. \$30 ♦ NO PREVIOUS WRITING EXPERIENCE NEEDED

Also offering Individual & relationship psychotherapy - Women in transition
- Issues of midlife & beyond - Grief & loss - 12 step & recovery issues

For further information contact

Leslie Tuchman

Licensed Marriage, Family Therapist

310.562.6105



**LONG BEACH – SOUTH BAY CHAPTER CAMFT
CHAPTER SURVEY**

Long Beach - South Bay Chapter CAMFT Members,

Our goal is to serve our members as best we can, so your feedback is important! Your Board of Directors just had a Leadership and Chapter Development Session, and we would like to find out what you think. Please return this survey, with your ballot, by Wed. June 7, to:

Mindy Fox Sachs, MFT

2665 30th Street, Suite 217

OR E-mail: mfoxmft@yahoo.com

Santa Monica, CA. 90405

310-314-6933

1. How do you like the new format of our General Chapter Meetings?

This includes the guided meditation and introducing another member during the networking portion.

Don't Like at All

Like A Lot

1____

2____

3____

4____

5____

What would you change or leave the same?

2. Would you be willing to pay \$20 or \$25 for the meeting and receive a full catered breakfast?

Yes____

No____

3. Would you prefer to attend the meeting on the second Friday of the month, instead of the third Friday? (It has come to our attention that other important meetings occur on the third Friday).

Yes____

No____

4. How relevant have our speakers been to your practice/work, in general?

Not Relevant

Very Relevant

1____

2____

3____

4____

5____

Please rate, from 1 to 5, your preferences for topics:

| | Not Relevant | | | Very Relevant | |
|--|--------------|---|---|---------------|---|
| Individual interventions/techniques/methods: | 1 | 2 | 3 | 4 | 5 |
| Couple interventions/techniques/methods: | 1 | 2 | 3 | 4 | 5 |
| Child/Adolescent interventions/techniques/methods: | 1 | 2 | 3 | 4 | 5 |
| Marketing: | 1 | 2 | 3 | 4 | 5 |
| Self Care: | 1 | 2 | 3 | 4 | 5 |

5. Any suggestions for speakers or topics?

6. Other Feedback or Suggestions:

Thanks for your important feedback.

Sincerely, Long Beach – South Bay CAMFT Chapter Board of Directors